

# WELCOME TO THE DAISY FLOWER GARDEN – MEETING 1

**Badge Purpose:** When girls have earned this award, they’ll begin to understand the Girl Scout Promise and Law, and experience what it means to be “responsible for what I say and do.”

**Activity Plan Length:** 1.5 hours

Time	Activity	Materials Needed
15 minutes	<b>Getting Started</b> <ul style="list-style-type: none"> <li>Girls recite the Girl Scout Promise + Law and sing the Girl Scout Daisy song.</li> </ul>	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster <input type="checkbox"/> (Optional) Girl Scout Daisy song lyrics poster
15 minutes	<b>Girl Scout Law Flower Pots</b> <ul style="list-style-type: none"> <li>Girls will decorate a flower container that illustrates her favorite part of the Girl Scout Law.</li> </ul>	<input type="checkbox"/> Dixie cups or small flower pots <input type="checkbox"/> Permanent markers <input type="checkbox"/> (Optional) Stickers and decorations <input type="checkbox"/> (Optional) Newspaper to cover work area <input type="checkbox"/> (Optional) Aprons or old t-shirts <input type="checkbox"/> (Optional) Girl Scout Law poster
25 minutes	<b>A Garden of My Own</b> <ul style="list-style-type: none"> <li>Girls plant a mini garden and practice being “responsible for what you say and do” by caring for their plant.</li> </ul>	<input type="checkbox"/> Seeds or flowers for planting <input type="checkbox"/> Decorated cups or flower pots (from Activity #1) <input type="checkbox"/> Potting soil <input type="checkbox"/> Cup or shovel for scooping soil <input type="checkbox"/> (Optional) Smaller containers for potting soil <input type="checkbox"/> (Optional) Small watering can
10 minutes	<b>Garden Scamper</b> <ul style="list-style-type: none"> <li>Girls practice being “honest and fair” and “courageous and strong” as they play a garden-themed relay race.</li> </ul>	None
15 minutes	<b>Snack and Friendship Pledge</b> <ul style="list-style-type: none"> <li>Girls will eat snack and talk about the Girl Scout Law.</li> </ul>	<input type="checkbox"/> Healthy snack
15 minutes	<b>Wrapping Up</b>	<input type="checkbox"/> (Optional) Make New Friends song lyrics poster

## Getting Started

Time: 15 minutes

**Materials Needed:** (Optional) Girl Scout Promise and Law poster, (optional) Girl Scout Daisy song lyrics poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law, and sing the Girl Scout Daisy song.



## Activity #1: Girl Scout Law Flower Pots

Time: 15 minutes

Journey Connection: Session 1 – First Planting: A Mini Garden

Materials Needed: Dixie cups or small flower pots; permanent markers; (optional) stickers and decorations; (optional) newspaper to cover work area; (optional) aprons or old t-shirts; (optional) Girl Scout Law poster

Prep Needed:

- Cover work area with newspaper.
  - Gather material and supplies.
1. Explain to the girls that part of being a Girl Scout is living by the Girl Scout Law. As a group, come up with an example of each line of the Law. For example:
    - “Sharing my toys with my little sister is friendly and helpful.”
    - “My family recycles and uses resources wisely.”
  2. Have each girl pick a line of the law that she likes.
  3. Pass out a Dixie cup or flower pot to each girl.
  4. Have each girl decorate her cup with the part of the Law she chose. Use permanent markers to decorate the cups or flower pots with words or pictures. After using the markers, girls can add stickers and any other decorations available to finish their flower pots.

## Activity #2: A Garden of My Own

Time: 25 minutes

Journey Connection: Session 1 – First Planting: A Mini Garden

Materials Needed: Seeds or flowers for planting, decorated containers (from Activity #1), potting soil, cup or shovel for scooping soil, (optional) smaller containers to hold potting soil, (optional) small watering can

Prep Needed:

- You can divide the potting soil into smaller containers to make it easier for the girls to scoop.
1. Explain to the girls that they are going to work together to plant their own gardens. By planting and taking care of a garden they will “responsible for what you say and do,” “use resources wisely,” and “make the world a better place” – just like the Girl Scout Law. Ask girls how they think gardens make the world a better place.
  2. Have the girls work together in pairs as they plant their own gardens. One girl can hold the flower pot while the other scoops the soil, etc.
  3. Using the cups or flower pots they just decorated, potting soil, and seeds or flowers, have girls create their own mini gardens. Lightly water the gardens once they are planted.
  4. Tell girls that they are now responsible for their plant and they need to take care of it. Remind girls to water the plant regularly and put it somewhere where it will get just the right amount of sunlight.

## Activity #3: Garden Scamper

Time: 10 minutes

Journey Connection: Session 2 – Garden Scamper

Materials Needed: None

1. Explain that the girls will need to be “honest and fair” and “courageous and strong” as they play this game!
2. Designate a starting line and a finish line on opposite sides of the room.
3. Split the girls into two groups. Have each group stand in a single-file line behind the starting line.
4. Explain the rules of the game:
  - You will call out the name of a garden critter such as a rabbit, bird, squirrel, grasshopper, etc.
  - The girls at the front of each line must move like that critter to get across the room.



- When they get to the finish line, the girl must then call out a new critter so her teammate can travel across the room, moving like the new critter. Girls cannot repeat a critter within the same line.
  - If a girl doesn't move like the critter, she must go to the back of the line.
  - Continue down the line until all girls have gotten to the other side. The first group to make it to the other side wins.
5. After playing the game, ask girls how they showed they were “honest and fair” and “courageous and strong” during the game.

Note: Help the girls who cross the finish line brainstorm different critters to call out when it's their turn.

## Activity #4: Snack Chat

Time: 10 minutes

Journey Connections: Questions link to the Daisy Flower Garden – Session 1 and 2

Materials Needed: Healthy snack

1. While enjoying snack, here are some things to talk about:
  - What is your favorite line of the Girl Scout Law? Why?
  - How will you continue to take care of your mini garden?
  - What is your favorite flower?
  - What is your favorite garden critter?
  - What ways can critters hurt your garden? (i.e. they can eat plants, dig up the dirt, etc.)
  - What ways do critters help your garden? (i.e. worms create healthy soil, ladybugs eat pesky bugs, etc.)

## Wrapping Up

Time: 15 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

## More to Explore

- Field Trip Ideas:
  - Visit a local community garden, flower shop, or garden center.
  - Take a walk near your meeting place and look at the plants and flowers in the area. While walking around, pick up trash.
- Speaker Ideas:
  - Invite a florist or gardener to speak about gardening.
  - Invite an older Girl Scout to talk about how she lives the Girl Scout Promise and Law.

