

### **WELCOME TO THE DAISY FLOWER GARDEN - MEETING 2**

**Badge Purpose**: When girls have earned this award, they'll begin to understand and live the Girl Scout Promise and Law and will recite both in front of family and friends.

**Activity Plan Length**: 1.5 hours

Time	Activity	Materials Needed			
15 minutes	Getting Started  • Girls recite the Girl Scout Promise + Law and sing the Girl Scout Daisy song.	<ul> <li>□ (Optional) Girl Scout Promise and Law poster</li> <li>□ (Optional) Girl Scout Daisy song lyrics poster</li> </ul>			
20 minutes	<ul> <li>Mini Garden Flower Friends</li> <li>Girls share how their flowers are growing and create a picture of their flower friends.</li> </ul>	<ul> <li>□ White paper or construction paper</li> <li>□ Coloring utensils</li> <li>□ Girl Scout Law hand outs</li> </ul>			
15 minutes	Respect  • Girls listen to a story about respect and identify acts of respect in the story.	☐ Children's book about respect			
15 minutes	Nature Charades  • Girls practice being "honest and fair" and "courageous and strong" as they play a gardenthemed relay race.	☐ Slips of paper for charades			
10 minutes	Snack Chat  • Girls will eat snack and talk about the Girl Scout Law.	☐ Healthy snack			
15 minutes	Wrapping Up	☐ (Optional) Make New Friends song lyrics poster			

# Getting Started

Materials Needed: (Optional) Girl Scout Promise and Law poster, (optional) Girl Scout Daisy song lyrics poster

Time: 15 minutes

Welcome everyone to the meeting, recite the Girl Scout Promise and Law, and sing the Girl Scout Daisy song.

### **Activity #1: Mini Garden Flower Friends**

Journey Connection: Session 3 – Mini Garden Watering Time and Reviewing the Girl Scout Law Materials Needed: Construction paper, coloring utensils, Girl Scout Law poster

1. Ask the girls about their mini flower gardens that they planted during the Watering Can Award activity. Have they been watering the flowers? Have the flowers grown? Spend a few minutes sharing.

Time: 20 minutes

Time: 15 minutes

Time: 15 minutes

2. Tell the girls that now they can draw pictures of their own flower friends. Flower friends are friendly, helpful, considerate, and caring—just like the Girl Scout Law.

### **Activity #2: Respect**

Journey Connection: All sessions – Garden Story Time Materials Needed: Children's book about respect Prep Needed:

- Find a children's book about respect.
- Remind girls about the following lines from the Girl Scout Law: "Respect myself and others" and "Respect authority."
- 2. Read a children's book about respect.
- 3. Discuss the book. Ask girls why it is important to show respect. Some example discussion questions you can ask:
  - How did the character show respect?
  - Why is it important to be respectful?
  - What was your favorite part of the story?

#### **BOOK SUGGESTIONS:**

- Everyone Matters by Pat Thomas
- Respecting Others by Robin Nelson
- The Name Jar by Yangsook Choi
- What If Everybody Did That? by Ellen Javernick

## **Activity #3: Nature Charades**

Journey Connection: Session 3 – Imitating Nature Materials Needed: Charade ideas written on slips of paper Prep Needed:

• Write ideas for objects or animals in nature that the girls can imitate. Some examples:

0	Grass	0	Butterfly	0	Wind	0	Lizard
0	Tree	0	Worm	0	Rain	0	Bee
0	Rabbit	0	Snake	0	Squirrel	0	Turtle
0	Flower	0	Beetle	0	Bird		
0	Rock	0	Weed	0	Frog		

- 1. Have each girl pick an object or animal from nature, such as grass, trees, rabbits, flowers, or bugs.
- 2. Give each girl a turn to act out her chosen animal or object in front of the group using her body and voice. You may need to help give hints or ideas to the girls on how to act out their object from nature.
- 3. The other girls will try to guess her animal or object.



### **Activity #4: Snack Chat**

Journey Connections: Questions link to the Daisy Flower Garden – Session 3 and 4 Materials Needed: Healthy snack

While enjoying a healthy snack of your choice, here are some things to discuss:

- What is one way that you were friendly or helpful at home last week?
- How can you be considerate or caring at school?
- What is one way you can show respect to a teacher? To your Girl Scout leader? To your best friend?

Wrapping Up

Time: 15 minutes

Time: 10 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

NOTE: Invite families to join the last fifteen minutes of the meeting to hear the girls recite the Girl Scout Law and Promise.

### **More to Explore**

- Field Trip Ideas:
  - Visit a martial arts studio and learn how they incorporate respect into their classes.
  - o Visit a nature center and learn more about natural objects and animals.
- Speaker Ideas:
  - o Invite a teacher or other community member to your meeting to talk about respect.
  - o Invite family members to your meeting to do the activities with the girls.