

DAISY MAKING CHOICES LEAF

Leaf Purpose: When girls have earned this leaf, they'll know how to make choices about using money and decide how to best use their cookie money to help others.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
15 minutes	Getting Started • Girls recite the Girl Scout Promise + Law and sing the Girl Scout Daisy song.	 □ (Optional) Girl Scout Promise and Law poster □ (Optional) Girl Scout Daisy song lyrics poster
15 minutes	Grab Bag! • Girls will learn about the difference between needs and wants.	☐ Large bag ☐ Items from home that include needs and wants (i.e. food, water, clothes, cellphone, jewelry, toys, etc.)
15 minutes	Needs and Wants • Girls will learn about the difference between needs and wants.	 □ Items that would be necessary for a picnic (i.e. food, water, blanket, plates, etc.) □ Sticky notes □ Marker □ Fake dollar bills
15 minutes	Goal Setting with Jumping DaisiesGirls will learn how to set goals.	□ Paper□ Writing utensils
15 minutes	Shoe RelayGirls will learn how to help others with what they need and want.	☐ Paper ☐ Writing utensils
15 minutes	Wrapping Up	☐ (Optional) Make New Friends song lyrics poster

Getting Started Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster, (optional) Girl Scout Daisy song lyrics poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law, and sing the Girl Scout Daisy song.

Activity #1: Grab Bag!

Badge Connection: Step 1—Find out the difference between needs and wants

Materials Needed: Large bag; items from home that include needs and wants (i.e. food, water, clothes, cellphone, jewelry, toys, etc.)

Prep Needed:

• Place items in a large bag and designate one area of a table (or room) as "wants" and another area as "needs."

Time: 15 minutes

Time: 15 minutes

Time: 15 minutes

- 1. Discuss the differences between needs and wants with girls.
 - Needs are things are important to live (food, shelter, clothes, water, etc.)
 - Wants are things that are nice to have, but not necessary to live (toys, cellphone, jewelry, etc.)
- 2. Have girls take turns pulling out items from the bag. Ask the girls if they think the item is a need or a want, and encourage girls to think about why it is a need or want. Have the girl place the item in the "wants" area or the "needs" area.
- 3. After going through the items in the bag, have the girls talk about some of the things they have at home and whether they are needed items or wanted items.

Activity #2: Needs and Wants

Badge Connection: Step 1—Find out the difference between needs and wants

Materials Needed: Items that would be necessary for a picnic (i.e. food, water, blanket, plates, etc.), marker, sticky notes (one note for each items), fake dollar bills

Prep Needed:

- You can reuse some of the items from Activity #1 for this activity.
- Print and cut out the fake dollar bills. Provide each girl with at least \$10 in fake bills.
- Label each item with a sticky note denoting the price of the item (\$1, \$2, \$3, etc.). Try to price the "want" items a little higher than the "need" items.
- 1. Lay out items on the table with the sticky note prices on them.
- 2. Have girls get into pairs. Tell the girls that they will be going on a picnic and that they will need to buy a few supplies before going.
- 3. Tell groups to pick 5 items from the table—three needs and two wants. Have the girls "purchase" the items from you (you may need to help them count the money).
- 4. After about 10 minutes, have girls share with the group what they chose to "buy."
 - How much was the total of the five items?
 - Were they left with any money?
 - Was it hard to choose?
 - Do you think it's hard for your family to make decisions about what items to buy based on your family's needs and wants?

Activity #3: Goal Setting with Jumping Daisies

Badge Connection: Step 2 – Setting a goal to save for what you want Materials Needed: Writing utensils, paper

- 1. Discuss what a goal is with girls.
- 2. Have girls stand up and spread out throughout the room. They'll be doing jumping jacks, so make sure each girl has enough space to move without hitting her neighbor.
- 3. Have girls do jumping jacks for 15 seconds and count how many they do.

- 4. Have girls write down the number of jumping jacks they did. Tell girls they are going to try to increase the number of jumping jacks they do by three.
- 5. Time the girls again for 15 seconds and see if they can reach their goal.
- 6. Try the game again for 30 seconds. Have the girls set a goal for how many jumping jacks they can do in 30 seconds. After girls reach that goal, have them increase it and try to meet the new goal. For a bigger challenge, try 60 seconds.

Time: 15 minutes

- 7. Discuss goal setting with the girls and how it relates to money.
 - How can you make a plan to save money for something you want to buy?
 - How do you decide what you should buy?
 - What can you do to help yourself save money, rather than spend it?

Activity #4: Shoe Relay

Badge Connection: Step 3 – Help others with what they need and want Materials Needed: Writing utensils, paper

- 1. Have girls place their right shoes in a pile at one end of the room.
- 2. Have each girl take a turn racing to one end of the room to find her shoe, put it back on, and race back. If you have a large group of girls, you can have girls race against each other. If you have a smaller group, time the girls, and have them do the race a second time, mixing up the order to see if they can do it faster a second time.
- 3. After the games, ask girls if they think shoes are a need or a want. Explain that in some areas of the world, people don't have shoes to wear.
- 4. Discuss the concept of helping others. Ask girls if anyone has ever helped others.
 - Have you ever helped anyone?
 - What did you do?
 - How did it make you feel?
- 5. Talk about some things the girls can do to help others. Write down the list of ideas. Is there one idea that the troop can do together to help others? Do you need to spend money to help others?
- 6. Encourage girls to think of one thing they can do to help someone at home or someone at school.

Wrapping Up Time: 15 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

More to Explore

- Field Trip Ideas:
 - Visit a local grocery store and find out the difference in prices of items that girls need versus items they want.
- Speaker Ideas:
 - o Invite someone who volunteers to talk to the girls about helping others.

Play Money Template

\$1	\$1	
\$1	\$1	
\$1	\$1	
\$1	\$1	
\$1	\$1 *••••••••••••••••••••••••••••••••••••	